

- Write down all your subjects in order of the least easy/liked
- Example

Maths
History
Geography
Click to add text
Science
Music
Homeec
French
Irish
Geography
CSPE

Least liked subjects should
form your **Zone 1** and
2 most and most liked subjects
should form your **Zone 3 and 4**

What will we do?



- Science year revision plan
- Weekly plans
- Daily study session plan
- Practical skills : flash cards, taking notes, summarizing etc
- Tips and tricks





Study Skills Seminar

Guidance Counsellor: Iníon Shore

Coláiste na Mí





PLAN
YOUR
WEEK!

TIPS FOR AT HOME

BACK
2 SCHOOL

<https://www.youtube.com/watch?v=p60rN9JEapg>



- 1. Study at the right time for you(we all have daily highs and lows for energy)**
- 2. Have a designated study area which is clean, clutter free and quiet**
- 3. Eat and drink something before you study**
- 4. Do not listen to music while you are studying**
- 5. Put the phone away!**
- 6. Before you study write down what subjects and topics you wish to study as well as how...flash cards, notes, Ipad, QUIZES.....??**
- 7. Get a good night's sleep!**

Zone 1 Subject (25m)	Topics	How?	Completed?
Break time: 5mins	Treat/reward/activity:		
Zone 2 Subject(25m)	Topics	How?	Completed?
Break time: 10mins	Treat/rewards/activity:		
Zone 3 Subject(25m)	Topics	How?	Completed?
Break time 13mins	Treat/reward/activity:		
Zone 4 Subject(25m)	Topics	How?	Completed?

Daily Planner

How to write a SUMMARY

STEP 1

READ & UNDERSTAND

Water Pollution

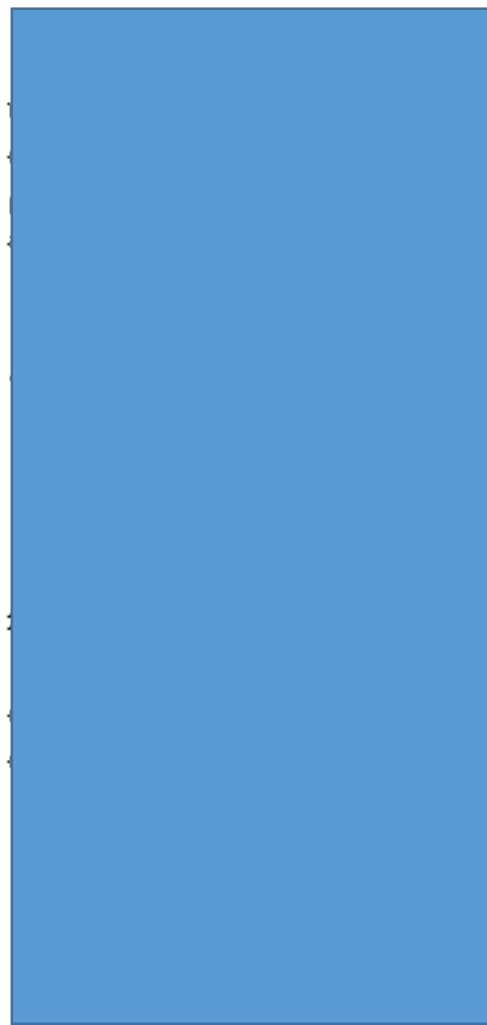
In order to have good health, people must use clean and safe water. Safe drinking water is water which is free from all impurities that cause pollution. Water pollution causes diseases such as typhoid, dysentery, cholera, diarrhoea and many others. It also kills fish and other animals.

Water pollution is mainly caused by people's bad use of their water resources. In some countries people throw human and industrial waste into rivers and lakes. In others they throw chemicals and pesticides into streams. Water which contains these substances is dangerous for all people, animals and plants, because these substances are not natural.

Water can also get polluted from within the water supply system. For example, all over the Sudan people keep their drinking water in a water pot called "zeer". It has been found that if the zeer is not cleaned and covered, the water becomes polluted and causes diseases. Also, if people use dirty containers to remove water from the zeer, the water becomes equally polluted. Some people try to avoid this problem by fixing little taps at the bottom of the zeer. In this way, the person can get water from the zeer without putting his hand inside it, so the water stays clean.

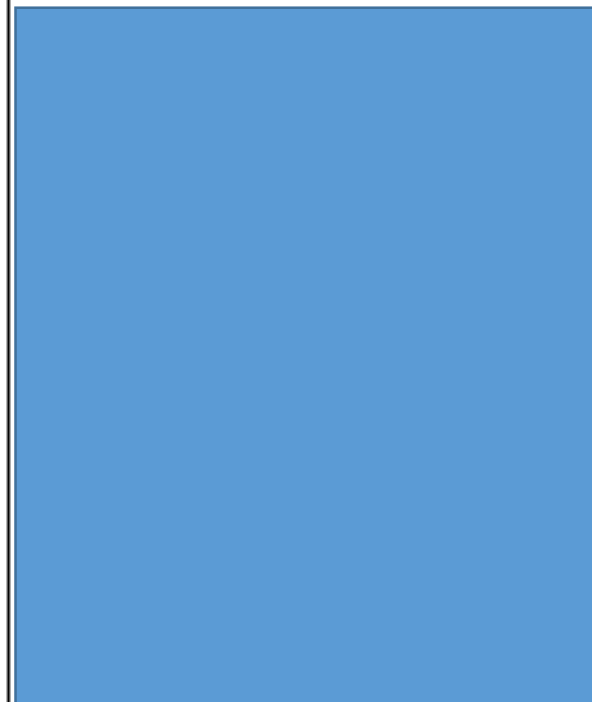
STEP 2

FIND the KEY WORDS



STEP 3

WRITE THE IDEAS IN YOUR OWN WORDS



TAKE OUT THE.. Science Revision Timetable

Week	Topic	Completed? Tick or x
5 th -11 th Dec	Cells and Living things	
12 -18 th Dec	Food and digestion	
19 th -25 th Dec	States of matter	
26 th Dec-1 st Jan	Elements, compounds and mixtures	
2 nd -8 th Jan	Measurements and units and Energy	
9 th -15 th Jan	Respiration and breathing	
16 th -22 nd Jan	Circulation	
23 rd -29 th Jan	Solutions and separating mixtures	
30 th Jan-5 th Feb	Speed, velocity, acceleration	
6 th -12 th Feb	Skeleton, movement and nervous system	
13 th -19 th Feb	Atom and periodic table	
20 th -26 th Feb	Mass, density and floatation	
27 th Feb- 5 th March	Human Reproduction	
6 th -12 th March	Chemical bonding (covalent and ionic) and compounds	
13 th -19 th March	Force, work and power. Weight and turning forces	
20-26 th March	Genetics	

Weekly planner

Document4 - Word

FILE HOME INSERT DESIGN PAGE LAYOUT REFERENCES MAILINGS REVIEW VIEW Mathematics DRAWING TOOLS FORMAT

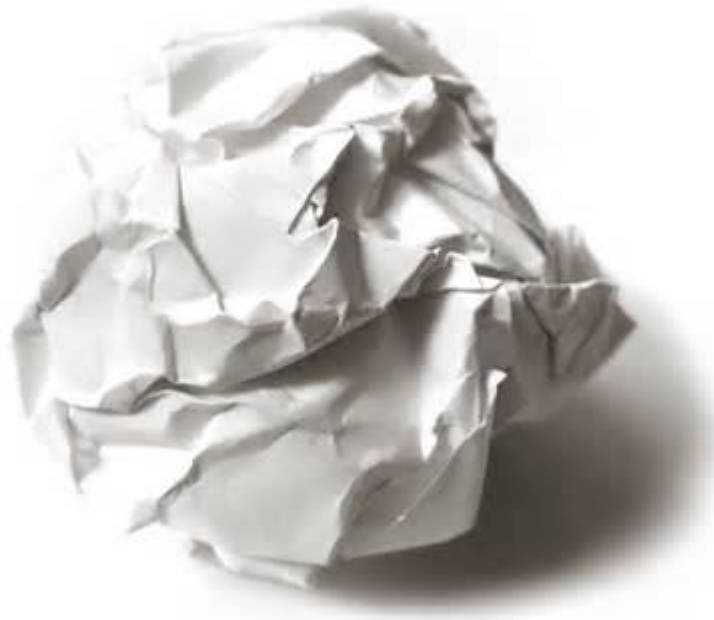
Clipboard Font Paragraph Styles Editing

Weekly planner Complete this at the start of the week

Date:	Subjects	Extra-Curricular activities	Completed? Tick or x
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			
Sunday			

PAGE 1 OF 1 10 OF 25 WORDS ENGLISH (IRELAND)

Practical Study Techniques



We remember...

- 10% of what we read
- 20% of what we hear
- 30% of what we see
- 50% of what we see and hear together
- 70% of what we say
- 90% of what we say and do



Visual Learner:

Learns best by seeing



Auditory Learner:

Learns best by hearing



Kinesthetic Learner:

Learns best by feeling or experiencing

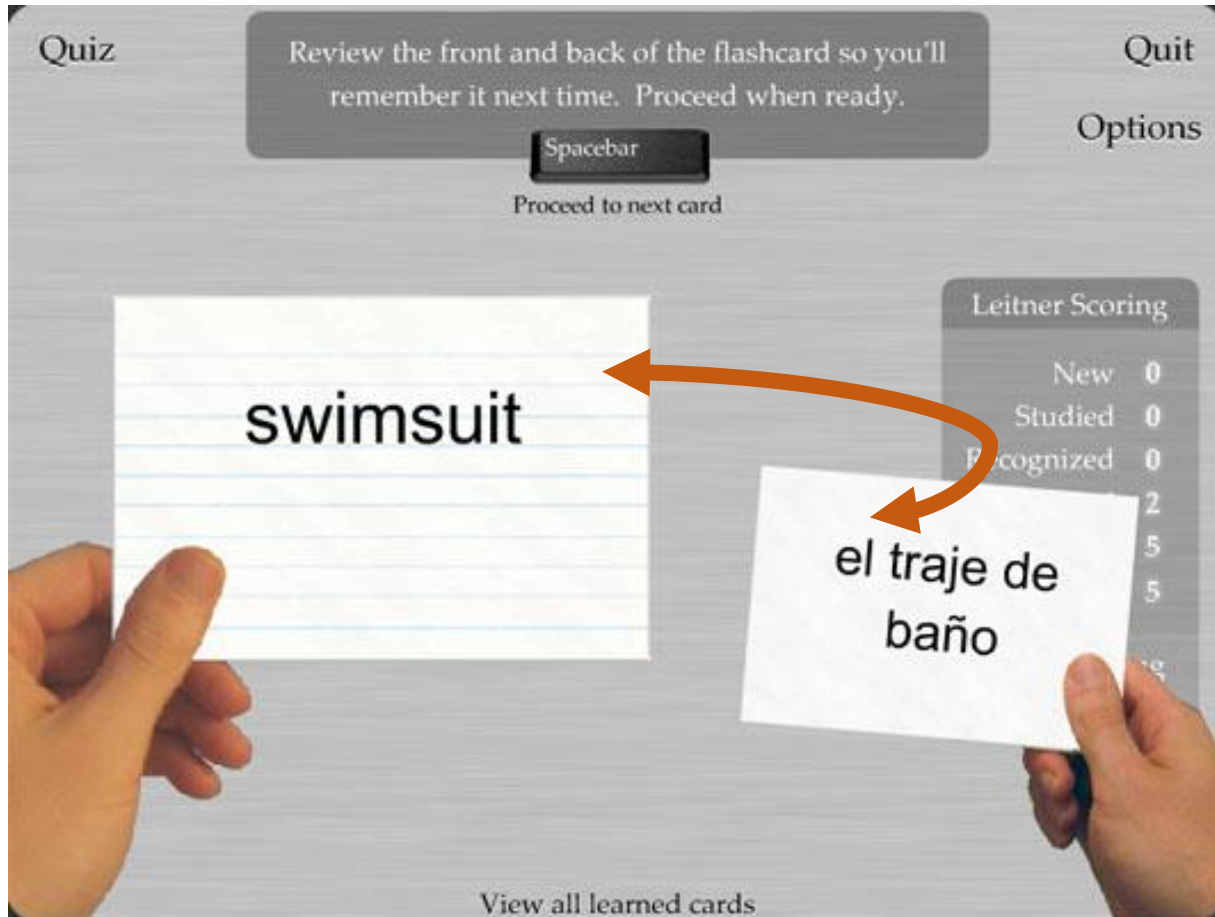
1. Flash cards



What are they used for?

- Definitions (English, Science, History, Geography, Business.....)
- Questions and answers and Vocabulary (Modern Foreign Language....)
- Diagrams with labels (Science, Art, Geography.....)

Vocabulary

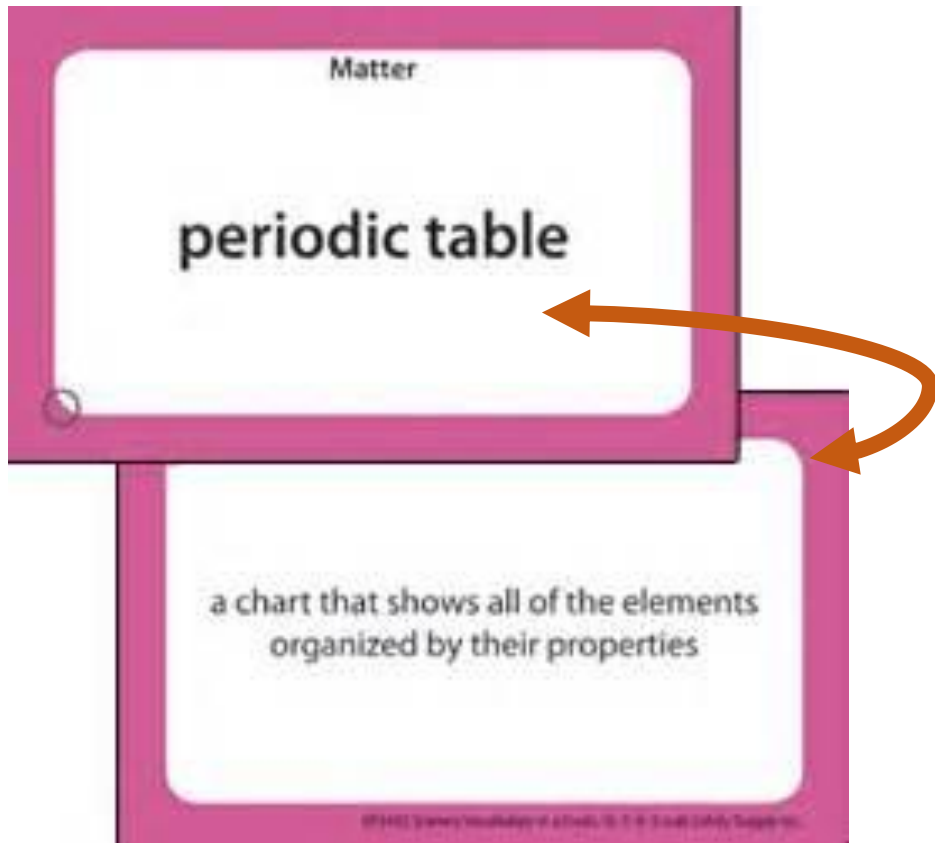


Questions and answers

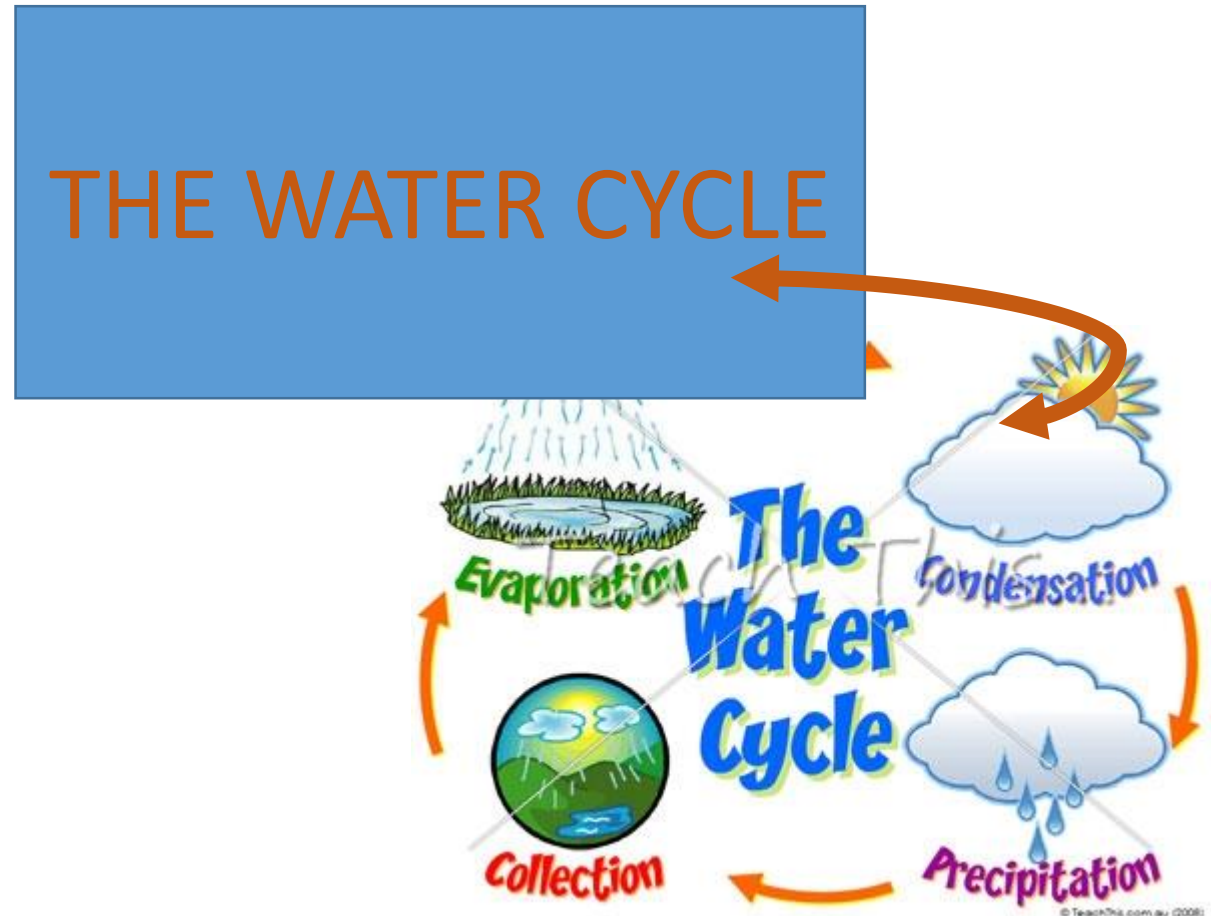
What is the role of a white blood cell?

To help fight infection in our bodies

Definitions



Diagrams and drawings



Try for yourself!

Using the paragraph of information in your pack,
create a flash card.

- Use colour to highlight the keywords
- Using **pictures** to make it more visual
- Use big, clear writing

Earthquakes are the shaking of the earth's surface. They can lead to destruction of buildings and can kill thousands of people. Earthquake activity is measured using seismometers.

or

As solute is the solid that dissolves in a liquid. A solvent is the liquid that dissolves a solute. A solution is when a solute dissolves in a solvent. An example of a solvent is water and a solute is salt.

Using your flash cards

- Organise your flashcards into subjects.
- Have a separate box for each subject
- Tie each topic in an elastic band



When testing yourself with question cards, place the ones you get right in one pile and the others in another pile. Re-test the wrong ones until you get them right!

2. Summing it up



- **Summarizing** is an important skill in academic writing. It enables you to extract the most important points from a text and rewrite them in your own words, in a shortened form.
- Such skills are invaluable when you are note taking and researching for an essay. Being able to write a good summary also demonstrates that you have fully understood the text you are reading

Take out the next sheet

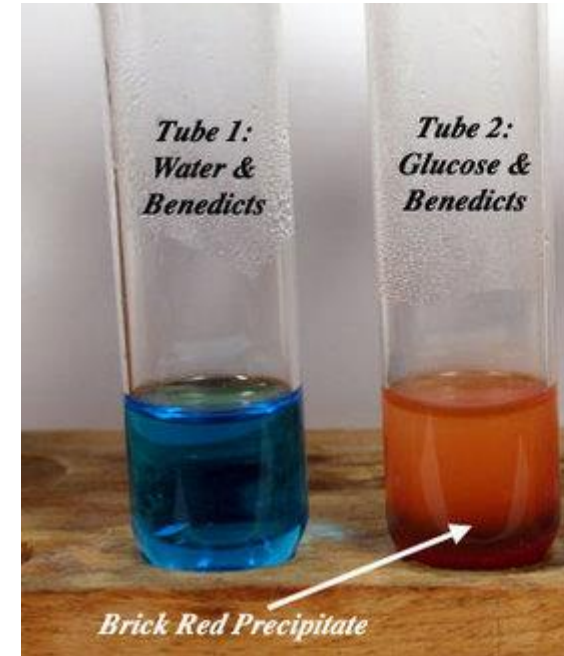


1.Highlight keywords → 2.Write keywords → 3.Sum up in one sentence

Use a comic strip or photo collage to explain something

When glucose is added to water and kept warm, benedict's solution turns from Blue to a dark brick red colour. This is the test for glucose.

OR →





Using your iPad to study!



Record yourselves

- What is an earthquake?
- What instrument is used to measure earthquakes?

1. Record yourself asking and answering yourself questions

- Use a funny voice
- Use a study buddy
- Listen over using your headphones

2. Pomodoro App

- Set yourself tasks each evening
- Shows result and graphs your achievements
- Study for 25mins, take a break, study another 25mins, take a break....
- Reward yourself for what you have achieved



3.Websites

- www.bbcbiteize.com (practice questions, summaries, videos and more)
- www.studyclix.ie (exam papers per topic, answers, resources, videos and more)

www.focal.ie (Irish)

www.mocks.ie

- Ask your teachers for help
- Go to subject support groups
- Get a study buddy!

- Stay happy
- Believe in your abilities
- Everyone has the potential to improve
- The only person in charge of your life is you!
- Talk to someone if you need to

Guidance Counsellor, Caomhnóir, Ceannaire, teachers,

www.headstrong.ie

Teenline :1800 833 634



MATHS

- www.alison.com,
 - www.khanacademy.ie
 - www.projectmaths.ie
-
- **Practise practise practise exam questions!**

Accounting

- <http://www.egs.ie/accountancy/>

- <https://www.davidwilson.ie/>

- BUSINESS

COLAISTE NA MI BUSINESS WEBSITE

Biology

- Crashcourse youtube page
- <http://leavingbio.net>
- Biology Bugbears youtube

- Practise diagrams
- Practise experiments
- Exam questions-study clix
- Keyword flash cards
- Mind maps for each topic

CHEMISTRY

- <https://quizlet.com/210699232/chemistry-leaving-cert-definitions-flash-cards/>

History

- <https://leavingcerthistory.net/revision/revision-handouts/>
-
- <https://www.historymatters365.com/leaving-cert-history.html>

MUSIC

- For music, the best approach is listening and practicing. For your practical you need to be practicing your songs for a few minutes each night to become confident.
- For your set works its all about listening, make a playlist on spotify and listen to it whenever you can.
-
- Some useful websites would be leavingcertmusic.com or darablack.com/leavingcertmusic
-
- **There is also a revision course in Trinity college on over 2 saturdays, one in November and one in January. The course is €60 and the deadline for sign up is Friday the 9th of November. To sign up email hennessey.stephen@gmail.com**

D.C.G

- The DCGIST

HOME- STUDYNOTES.IE